

Syllabus

MF 603LB Counseling Individuals Lab

Mennonite Brethren Biblical Seminary

Fall 2008 .5 Units

Meeting times to be arranged

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Office Hours: Monday 11:00-12:00, Wednesday 10:00-11:45 and by appointment

Course Description:

This course provides an opportunity for MFCC students to practice basic counseling skills in a supervised setting with pre-screened beneficiaries. The course consists of one or two hours per week meeting with beneficiaries at the Salvation Army Adult Rehabilitation center plus two hours per week of group supervision along with necessary administrative time.

Students must be concurrently enrolled in MF603 Counseling Individuals, have completed Professional Ethics I and show evidence of liability insurance. Class size is limited to no more than eight students.

Objectives:

1. Students will practice theory consistent supportive counseling, focusing on rapport

building skills and utilizing the core conditions of genuineness, empathy, and unconditional positive regard.

2. Students will receive group supervision and gain a beginning understanding of the importance and uses of critical self-reflection, peer feedback, and clinical supervision.
3. Students will be introduced to appropriate file documentation and statistical recordkeeping.

Related Degree Outcomes:

- (3.2) Utilize theological and social scientific tools and practices to understand and interpret the culture of a ministry and the cultural context of the ministry.
- (3.5) Dialogue respectfully, witness effectively, and serve and lead faithfully among diverse cultural and religious communities.
- (4.1) Articulate integrative views of humanity, theology, and counseling.
- (4.3) Demonstrate appropriate use of one's personal self in response to human need.
- (4.4) Demonstrate practice consistent with the laws and ethics that apply to marriage, family, and child counseling.
- (4.5) Demonstrate understanding of a wide variety of counseling theories and techniques.

(4.7) Demonstrate proactive understanding, awareness, and relational skills across cultures, religions, and special populations.

Course Requirements:

Because this is an experiential course, there are no required texts or readings; however, students are expected to be current in their assignments in MF 603 Counseling Individuals. Students must complete a minimum of nine hours of pre-practicum mentoring and nine hours of supervision to receive .5 credit. Students will receive a grade which will reflect evaluation in their functioning within a professional context, functioning within the organizational context, ability in interacting effectively with others, ability in utilizing knowledge directed practice, ability in showing an appropriate level of counseling skills, ability to use supervision and peer feedback, ability to integrate theology and psychology, and appropriate ethical behavior.

Seminary Academic Policies: Academic Policies. MBBS academic policies (as well as other school policies) are described at <http://www.mbseminary.edu/fresno/policies/>. These policies provide guidance on academic integrity and plagiarism, accommodation for disabilities, incomplete course work, extensions, dates for changing registration, non-discriminatory and inclusive language, appeals, etc. Students are expected to be familiar with these policies and will be held responsible for adhering to them. If you have questions about how these policies relate to you or to a situation that you face in your studies, please speak to the professor or consult the Registrar.

Course evaluations are to be completed online and are due one week after the completion of the course. Official grades will not be posted until the student's evaluation of the

course is completed. If a student wishes to have heightened confidentiality of assignment results, the student should submit the assignment in a self-addressed envelope. The assignment will be returned in the same envelope.

Recommended Texts

Alcoholics Anonymous. (2001). *Alcoholics Anonymous 4th Ed.* New York: Alcoholics Anonymous World Services.

The “Big Book” as it is called by people in AA, is also available on line at <http://www.recovery.org/aa/bigbook/ww/> or http://www.alcoholics-anonymous.org/bigbookonline/en_tableofcnt.cfm

Alcoholics Anonymous. (2001). *Twelve steps and twelve traditions.* New York: Alcoholics Anonymous World Services.

Faiver, C., Ingersoll, R. E., O’Brien, E., & McNally, C. (2001) *Explorations in counseling and spirituality: Philosophical, practical, and personal reflections.* Belmont, CA: Brooks/Cole.